

**Navigating diagnosis, monitoring,  
and early treatment in achondroplasia:  
Multidisciplinary insights from specialist  
obstetricians and paediatricians**

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# *Reducing the risk of paediatric complications: Why is monitoring and early treatment initiation in achondroplasia important?*

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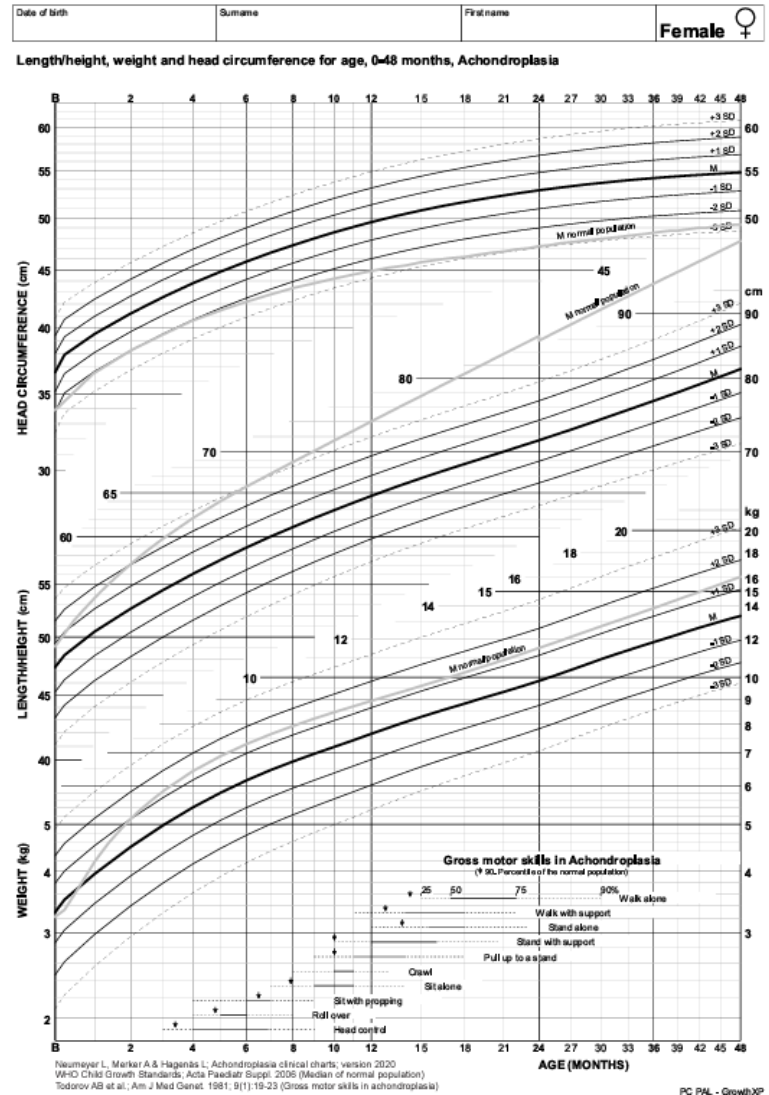


**Ms Carly Kutner**  
*Patient advocate*



# Female growth charts (1)

0–48 months

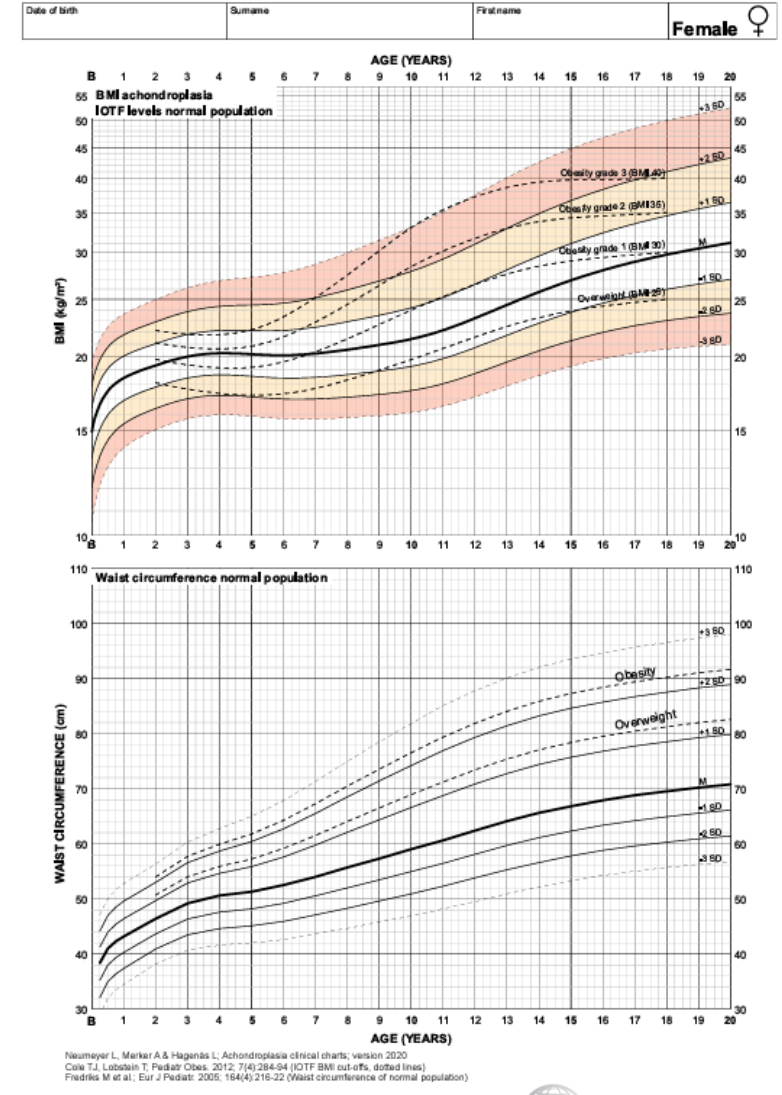


Head circumference (cm)

Length/height (cm)

Weight (kg)

0–20 years



Body mass index (kg/m<sup>2</sup>)

Waist circumference (cm)

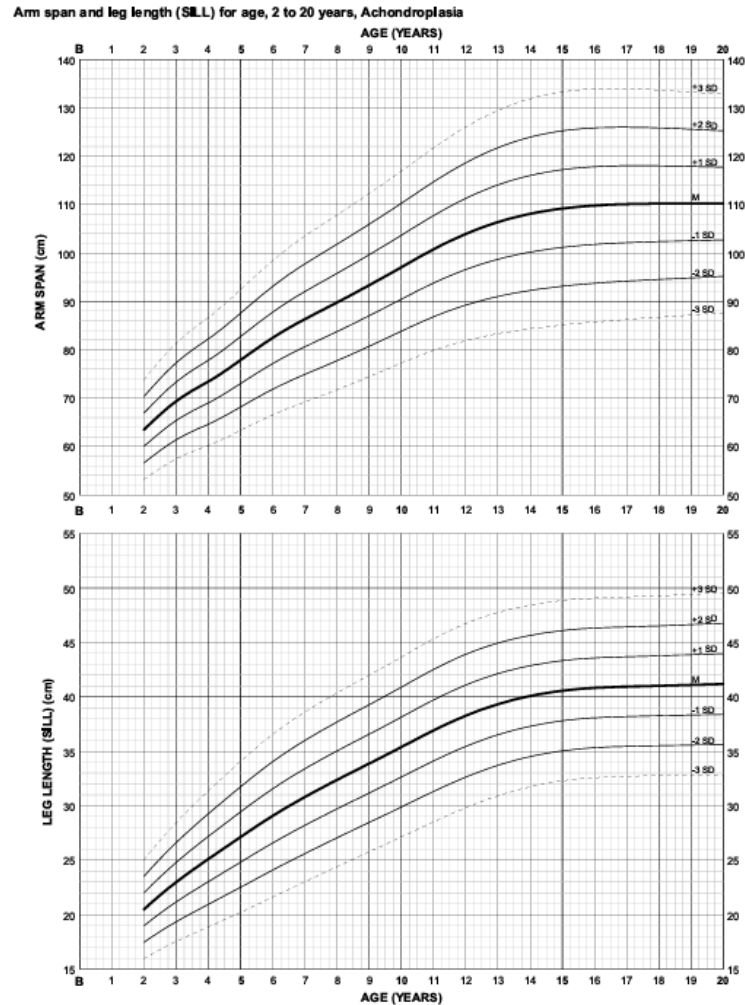
# Female growth charts (2)

2–20 years

Arm span (cm)

Leg length (cm)

Date of birth	Surname	First name	Female ♀
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Neumeyer L, Merker A & Hagenäs L. Achondroplasia clinical charts; version 2020

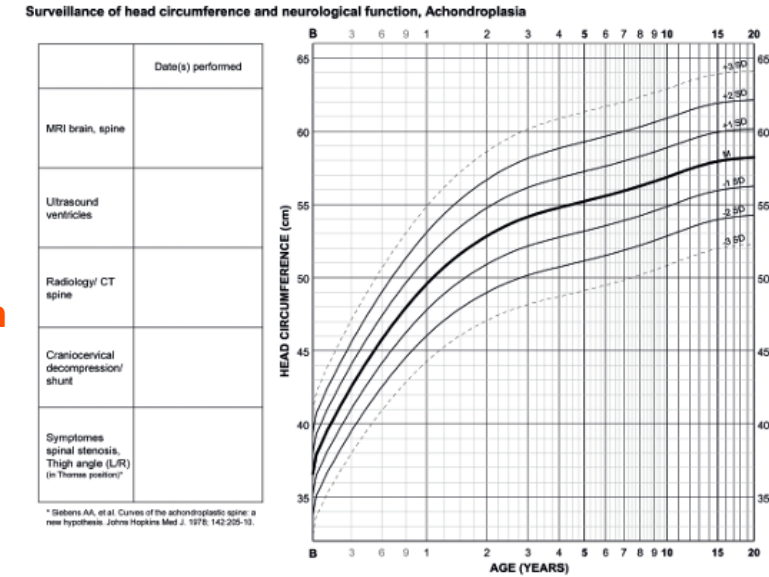
PC PAL - GrowthXP

0–20 years

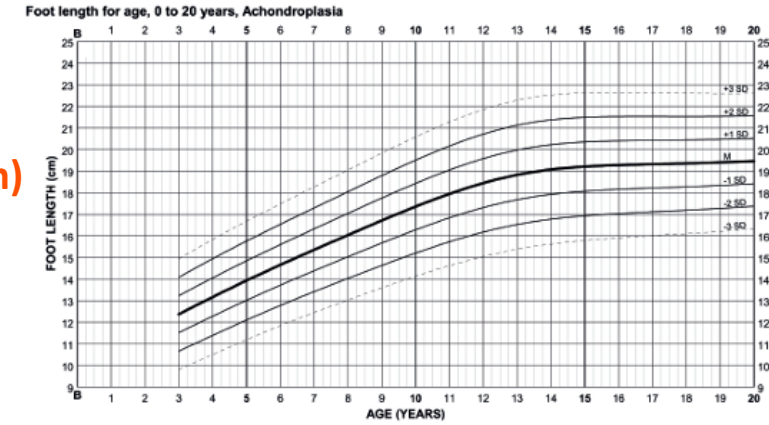
Head circumference (cm)/ neurological function

Foot length (cm)

Date of birth	Surname	First name	Female ♀
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\* Steiner AA, et al. Curves of the achondroplastic spine: a new hypothesis. Johns Hopkins Med J. 1976; 142:205-10.



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PC PAL - GrowthXP